

No.	Medical kit	ok	Re-Check
1.	1x rescue scissors or 1 x pair of stainless steel scissors 14.5 cm;		
2.	1 x adhesive plaster tape 5 m x 2.5 cm;		
3.	6 x sterile compresses 10 cm x 10 cm		
4.	2 x sterile first aid dressing sheets 40 cm x 60 cm		
5.	2 x rolls of conforming elastic self-adherent bandage Coban type or equivalent - 4 m x 8cm		
6.	1 x rescue sheet - aluminium blanket 160 cm x 210 cm		
7.	2 x finger plasters 12 cm x 2 cm		
8.	4 x pairs of disposable nitrile gloves (adult size)		
9.	2 x wet wipes		
10.	Minimum 3 single doses of physiological saline for eyes		
11.	1 x skin disinfectant (50 ml)		
12.	2 x compression bandages: emergency haemostatic compression pad		
13.	1 x Guedel airway tube (Guedel Tubus), medium size		
14.	2 x tourniquets (one-handed operation) – CAT or similar		
15.	1 x chest seal, adhesive and sterile, for thoracic wounds – SAM or similar		
16.	1 x information sheet		
17.	1 x emergency procedure sheet		
18.	1 x critical burn kit for face and hands – Water-Jel or equivalent		
19.	1 x 50 ml sunscreen		

Note :